

Health Assessment Incentive Program

Save \$300 on medical plan premiums in 2026

Earn your incentive by achieving Silver status with Vitality®. Benefits-eligible employees have from **Jan. 1, 2025–Dec. 12, 2025** to achieve Silver status.

If you achieved Silver status in 2024 your 2025 medical plan premium savings will be \$300.



Choose your own path to earning rewards

Two paths to achieving Silver status (2,500 total points)

1. Complete the annual online health assessment and in person biometric screening.
- OR**
2. Complete the annual online health assessment and earn points by completing Vitality® activities you enjoy doing or want to learn more about.

DON'T FORGET! The 2025 program period deadline is **Friday, Dec. 12, 2025.**

The program is confidential. Your privacy is protected—always. No one at USC who is not involved in your clinical care sees any of your individual results.

For Vitality® website support, contact Vitality® Customer Service at 877-224-7117 or wellness@powerofvitality.com.

Vitality is a registered trademark of Vitality Group International, Inc. Program details subject to change. This is a summary only and does not include all the details, exclusions, or limitations about the Health Assessment Incentive program.

Get started

Visit the USC Employee Gateway website, or scan the QR below, to learn more and connect directly to Vitality using SSO.



Powered by Vitality

Vitality®