

## Save \$480 on medical plan premiums in 2025

Earn your incentive by achieving Silver status with Vitality®. Benefits-eligible employees have from **Jan. 1, 2024–Dec. 13, 2024** to achieve Silver status.



### Choose your own path to earning rewards

#### Two paths to achieving Silver status (2,500 total points)

- |   |           |  |
|---|-----------|--|
| <b>1.</b> Complete the annual online Vitality Health Review® (VHR) and in-person annual preventive Vitality Check™. | <b>OR</b> | <b>2.</b> Complete the annual online VHR and earn points by completing Vitality activities or participating in eligible USC wellness activities. |
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**DON'T FORGET!** The 2024 program period deadline is **Friday, Dec. 13, 2024.**

The program is confidential. Your privacy is protected—always. No one at USC who is not involved in your clinical care sees any of your individual results.

For Vitality website support, contact Vitality Customer Service at 877-224-7117 or [wellness@powerofvitality.com](mailto:wellness@powerofvitality.com).

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### Get started

Visit the USC Employee Gateway website, or scan the QR below, to learn more and connect directly to Vitality using SSO.



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