

Save this year and qualify for next year!

As a USC new hire in 2024, you can qualify for a **\$40 per month incentive*** on your USC enrolled medical plan.

Save this year:

Save \$40 per month in 2024

Complete the quick and easy, confidential **Vitality Health Review® (VHR) on Vitality®**.

You'll receive the \$40 per month incentive the month following completion of the VHR.



To qualify for next year:

Save \$480 on medical plan premiums in 2025

Benefits-eligible employees have from Jan. 1, 2024–Dec. 13, 2024 to achieve Silver status.

Choose your own path to earning rewards

Two paths to achieving Silver status (2,500 total points)

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|---|-----------|--|
| 1. Complete the annual online Vitality Health Review® (VHR) and in-person annual preventive Vitality Check™. | OR | 2. Complete the annual online VHR and earn points by completing Vitality activities or participating in eligible USC wellness activities. |
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DON'T FORGET! The 2024 program period deadline is **Friday, Dec. 13, 2024**.

The program is confidential. Your privacy is protected—always. No one at USC who is not involved in your clinical care sees any of your individual results.

For Vitality website support, contact Vitality Customer Service at **877-224-7117** or **wellness@powerofvitality.com**.

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Get started

Visit the **USC Employee Gateway website**, or scan the QR below, to learn more and connect directly to Vitality using SSO.



Powered by Vitality

