HEALTH ASSESSMENT INCENTIVE

USC University of Southern California

SAVE UP TO $480 IN 2024

Earn your incentive by completing your Vitality Health Review® (VHR) and doctor visit (Vitality Check™ form) now — the 2023 program period deadline is **Friday, Dec. 15, 2023!**

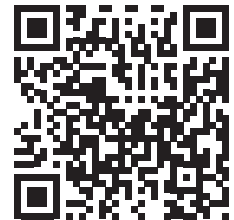**STEP ONE:** Complete the quick and easy, confidential VHR on Vitality®.

STEP TWO: Make an appointment with your doctor to complete your Vitality Check form. *Appointments must occur between January 1, 2023 – December 15, 2023. Bring your Vitality Check form for your doctor to complete, or submit your official results online to Vitality.*

The Confidential Results: By completing both of the above steps, "your health numbers" are sent to Vitality to populate your personal feedback report, which you can share with your doctor and use to help improve and maintain your health. As a reminder, your privacy is protected — always. **No one at USC who is not involved in your clinical care sees any of your individual results.**

GET STARTED

Complete your two steps today! Visit the USC Employee Gateway website, or scan the QR below to learn more and connect directly to Vitality using SSO.

Whether you want to eat healthier foods, boost your activity, or manage your stress, USC is here to support you on your journey to better health.

For Vitality website support, contact Vitality Customer Service at **877-224-7117** or **wellness@powerofvitality.com**.

Powered by Vitality

Vitality®

Learn More, Take Action.   employees.usc.edu   213–821–8100   uschr@usc.edu