## HEALTH ASSESSMENT INCENTIVE

**NEW HIRE ONLY** 

#### USCUniversity of Southern California

## Save now and later!

As a USC new hire in 2023, you can qualify for a **\$40 per month incentive**\* on your USC enrolled medical plan.

#### SAVE NOW:

#### Save \$40 per month in 2023

Complete the quick and easy, confidential **Vitality Health Review**<sup>®</sup> **(VHR)** on Vitality<sup>®</sup>. You'll receive the \$40 per month incentive the month following completion of the VHR.

# **SAVE LATER:** Earn up to \$480 in 2024 — deadline for completion is Dec. 15, 2023



**STEP ONE:** Complete the quick and easy, confidential VHR on Vitality. If you've already completed your VHR to earn your monthly incentive in 2023, as listed above, you only need to complete Step Two to save up to \$480 in 2024.



**STEP TWO:** Make an appointment with your doctor to complete your Vitality Check<sup>™</sup> form. *Appointments must occur between January 1, 2023 – December 15, 2023. Bring your Vitality Check form for your doctor to complete, or submit your official results online to Vitality.* 



**The Confidential Results:** By completing both of the above steps, "your health numbers" are sent to Vitality to populate your personal feedback report, which you can share with your doctor and use to help improve and maintain your health. As a reminder, your privacy is protected — always. No one at USC who is not involved in your clinical care sees any of your individual results.

### **GET STARTED**

Complete your steps today! Visit the <u>USC Employee Gateway</u> website, or scan the QR below to learn more and connect directly to Vitality using SSO.



employees.usc.edu ガ 213-821-8100 📈 uschr@usc.edu

# Whether you want to eat healthier foods, boost your activity, or manage your stress, USC is here to support you on your journey to better health.

Learn More, Take Action.

Powered by Vitality



For Vitality website support, contact Vitality Customer Service at **877-224-7117** or **wellness@powerofvitality.com**.

\*No retroactive credits provided for periods missed. This credit is not available for covered dependents. Vitality is a registered trademark of Vitality Group International, Inc. Vitality Check is a trademark of Vitality Group International, Inc. Vitality Health Review is a registered trademark of Vitality Group International, Inc.