

Traveling? Your benefits are with you around the world.

The BlueCard® and Blue Cross Blue Shield Global® Core programs provide peace of mind near and far.

As a USC PPO plan member, you have access to care across the country through the BlueCard® network and to doctors and hospitals in nearly 190 countries and territories around the world through the Blue Cross Blue Shield Global® Core program.

What you need to know before you travel:

- Before leaving the country, contact Member Services to:
 - Ask if your international benefits are different.
 - Find out if precertification (approval before getting care) is needed.
- Save money by seeing a Blue Cross Blue Shield Global® Core program doctor or hospital. You only pay your usual out-of-pocket amounts (deductible, percentage of costs, or copay).
- Show your USC PPO Plan ID card so the doctor or hospital can check your benefits and send Anthem a claim for processing.

What if your doctor or hospital is not part of the Blue Cross Blue Shield Global® Core program?

1. You will need to pay up front in full for your care.
2. Download an international claim form at bcbsglobalcore.com or request a form by calling Member Services at the number on your Plan ID card.
3. Fill out the claim form and send it with the original bills to the Blue Cross Blue Shield Global® Core Service Center.

Access care wherever you are

If you're inside the U.S. and need care:

Go to anthem.com/ca and use the **Find Care** tool. Enter your Plan ID number prefix **TRJ** in the available field to search for a BlueCard® program doctor or hospital.

Use the **Sydney Health™** app to search for a BlueCard® program doctor or hospital. Get turn-by-turn directions to the nearest doctor, urgent care center, or hospital.

Call **Member Services** at the number on your Plan ID card. They can help you find a doctor or hospital.

In the event of an emergency, call 911 or go straight to the nearest hospital.*

*You or a family member need to call the Member Services number on your Plan ID card within 24 hours after going to the hospital or as soon as you can.

If you're outside the U.S. and need care:

Go to bcbsglobalcore.com to search for a doctor or hospital. Accept the **Terms and Conditions** and enter your Plan ID number prefix **TRJ** and select **Go**.



Use the **Blue Cross Blue Shield Global Core** mobile app to find a doctor or hospital.



Call the **Blue Cross Blue Shield Global® Core Service Center** 24/7 at **1-800-810-2583 (Blue)** or call collect at **1-804-673-1177**. They can help you set up a doctor visit or hospital stay.

In the event of an emergency, go straight to the nearest hospital.*