

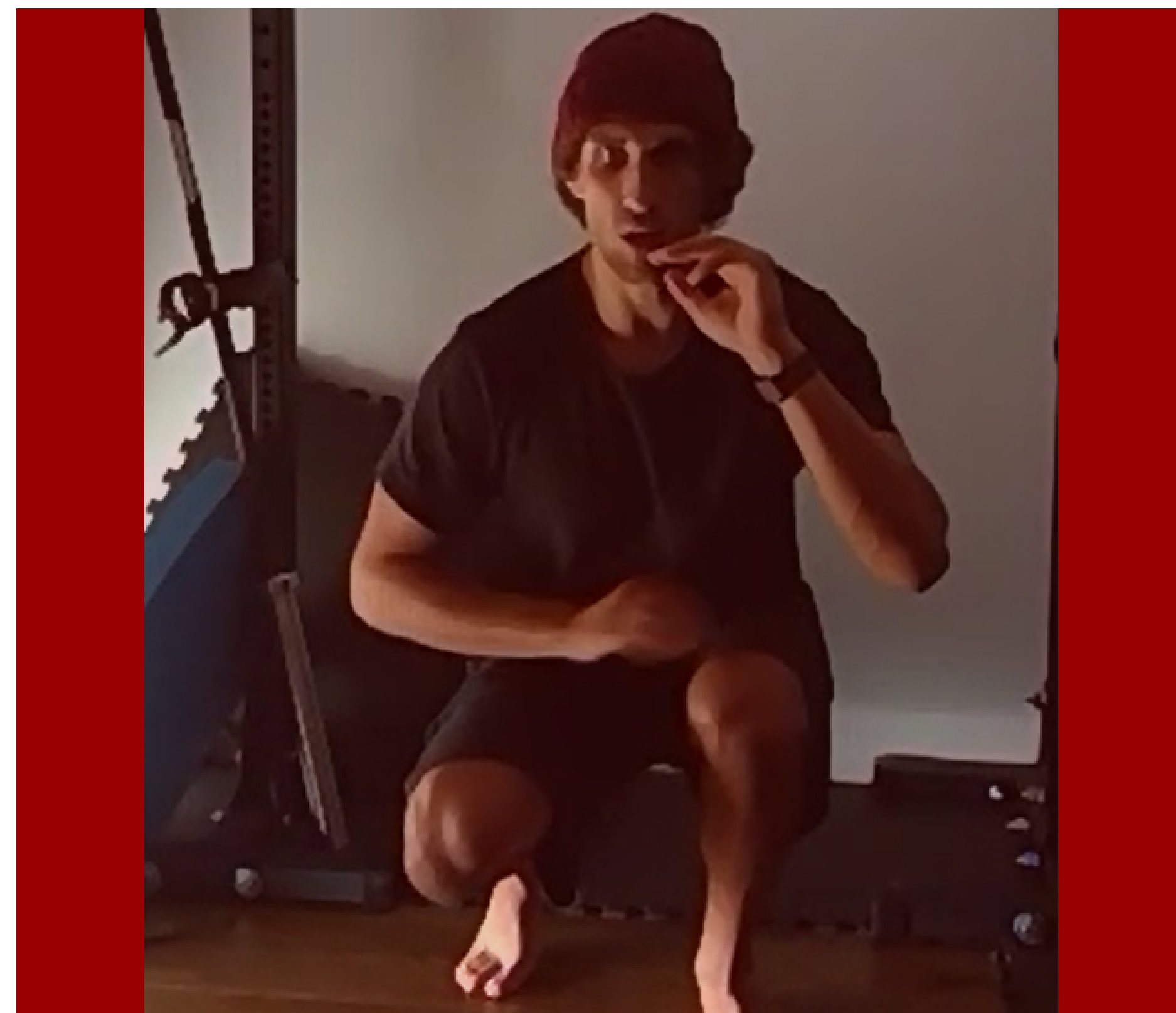
VIRTUAL PERSONAL TRAINING

One on One Sessions

- > Assessment: \$25 (30 minutes)
- > Virtual Jump Start: \$70
(Assessment + 1 Session)
- > 1 Session \$55
- > 5 Sessions: \$220 (Buy 4 get 1 Free)

Partner Training Sessions (2 People)

- > 5 Sessions \$360 (Buy 4 get 1 Free)



Dates/Times: 7 Days/Week

Location: Online Via Zoom!

Eligibility Students, Staff, Faculty,
and Guest Members

Sign up:

<https://bit.ly/USCVirtualPT>

Virtual Personal Training packet must be completed and submitted to us via website!