REGISTERING FOR VITALITY THROUGH USC SSO

How to Register for Vitality through Single Sign-On

1. Visit https://employees.usc.edu/wellness-benefit/
2. Scroll down and click on Vitality wellness site – USC single sign-on.
3. Choose your preferred method of identity verification.
4. After verification, you will be directed to the Vitality Website.
5. Review the terms and conditions. Scroll to the bottom to see the orange box. Accept the terms and conditions.

6. If this is your first time at the Vitality website and you wish to access the website on your mobile browser or without using SSO, you will be prompted to complete registration and create a username and password. This step is optional. Choose 3 security questions and answers. This will allow you to reset your password in the future.
7. You are now registered and on your home page. You will use the same username and password to log into the Vitality Today mobile app.

Vitality Customer Service Contact information:
Call 1-877-224-7117 or email wellness@powerofvitality.com with questions regarding registration, activities/points or any general program questions.