How to Register for the Vitality Program Without Using USC Single Sign-On

1. Visit www.powerofvitality.com
2. Enter in your first name, last name, date of birth. Click NEXT: CONFIRM YOUR IDENTITY

3. Enter your 7-digit Employee ID (found in Workday).

4. Choose a username and password. Click “NEXT: SECURE YOUR ACCOUNT.”
5. Complete all 3 security question prompts. These will allow you to reset a forgotten username or password later.

6. To read and agree to the terms and conditions, you must first click on the “terms and conditions” link. Scroll to the bottom and select “Yes, I accept the terms and conditions”. You will then be able to select the box next to the text in the window pictured in Step 4.

7. Repeat Step 5 for the privacy notice.

8. Click “JOIN VITALITY!”

9. You are now registered and on your home page. You will use the same username and password to log into the Vitality Today mobile app.

Vitality Customer Service Information:
Call 1-877-224-7117 or email wellness@powerofvitality.com with questions regarding registration, activities/points or any general program questions.