

weightwatchers at USC

Weight Watchers® At Work meetings with Monthly Pass* benefits include:

- Meetings that work for both men and women
- Free access to eTools, our Internet weight-loss companion
- Support from an experienced Leader who has lost weight with Weight Watchers
- Simple Start—a two-week starter plan to help you start losing weight right away

For a healthier future, look no further. Weight Watchers is available **here at work.**

WEDNESDAYS

12:00-1:00pm

**HOH Hoffman Hall
701 Exposition Blvd.
Room 415**

**Contact: Susan Swan
pointscntr@aol.com**

THURSDAYS

12:00-1:00pm

**CDF Building
3434 S. Grand Ave.
Conference Room 116**

**Contact: Susie Sussman
susiesussman@hotmail.com**